



FREE BURNABY SUMMER PROGRAMS* - June to August 2022

Agency	Website	Program Name(s)	Program Information	Dates	Registration Details
Burnaby Family Life	https://bflgrowscommunity.org/	<p>Family Drop-In's at the PARK – Only for the Summer July-Aug. 2022</p> <p>Learning together through play, Baby & Me Second stage, and Mother Goose</p> <p>For more information please visit: https://bflgrowscommunity.org/</p>	<p>Family Resource Programs (FRPs) are parent/child interactive centres for families with children 0–6 years. Our services are designed to strengthen parenting skills, provide stimulating environments for children, and promote family and community engagement. FRPs focus on five core areas of service:</p> <p>Family Support Play-based Learning Early Learning and Literacy Parent Education Information and Referrals</p> <p>For more information and program descriptions, times and locations please visit: https://bflgrowscommunity.org/</p>	<p>Family Drop ins at the Park</p> <ul style="list-style-type: none"> Tuesdays 10 – 11:45AM Confederation Park Wednesdays 10 – 11:45AM - Central Park Thursdays 10 – 11:45AM - Central Park <p>Mother Goose in the Park</p> <ul style="list-style-type: none"> Thursdays - 10 – 11:45AM – Ernie Winch Park <p>INDOOR PROGRAMS Learning together through play – Tuesdays 3.30 – 5.30 PM & Saturdays 10am-12pm at 6140 McKercher Ave.</p> <p>Wednesdays 9.30-11.30am at 205 - Edmonds Resource Centre</p> <p>Saturdays 10am-12pm Montecito Childcare Centre</p>	<p>Drop ins welcome. No preregistration required except for Mother Goose.</p>

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For more information on Burnaby COVID 19 activities, supports and services for children 0 to 6 years old and families go to COVID 19 Resources & Supports at:
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Burnaby Family Life	https://bflgrowscommunity.org/	Expecting & New Moms: We're Here For You And Baby Pregnancy Outreach Program (prenatal) Baby & Me (second stage) Healthy Care Pregnancy Program	One-to-one, by phone, online, or virtual groups	Ongoing	To register please visit website www.bflgrowscommunity.org/expecting-new-moms
Burnaby Family Life	https://bflgrowscommunity.org/	In person Parenting and support groups: <ul style="list-style-type: none"> • Nobody's Perfect- Tuesdays and Fridays • LGBTQ2SIA+ Parent Support Group - Tuesdays • Systematic training for effective parenting (STEP) (Tuesdays online and Saturdays in person) • Calm & Confident Parenting - Wednesdays • Fatherhood, A Journey – Wednesdays-online • Anger management for Men – Thursdays – online • Parenting for Immigrants – Thursdays • Parenting for Immigrants (ARABIC) - Fridays • Immigrant Women Support Group- Fridays 	Our Parenting and Support programs provide a safe and inclusive space for parents, caregivers and other individuals to learn about themselves, their children, and how to build productive skills that can support the healthy development of their family, their children and themselves. For program descriptions please visit: https://bflgrowscommunity.org/ Free childcare for children 18m to 10years is available for all in person programs. <i>Pre-registration required for childcare.</i>	For dates, times and locations please visit https://bflgrowscommunity.org/	For program descriptions and registration please visit: https://bflgrowscommunity.org/ OR Call 604-659-2200

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Burnaby Neighbourhood House	https://burnabynh.ca/get-involved-family/	In person Family Drop-In	Family Drop-In for families with children birth to 5 years old.	Family Drop-In's are Monday to Friday 9:30-11:30am	M,T, Th, Fri are at: 4460 Beresford Street. Except Wednesdays are at 2055 Rosser Street.
Burnaby Neighbourhood House	https://burnabynh.ca/get-involved-family/	Online Family Drop-In (Spanish)	Online family drop in for Spanish speakers, with children birth to 5 years old.	Tuesdays and Thursdays 2:30-4:30pm	To join, visit the webpage, and just click to join. No registration required. https://burnabynh.ca/get-involved-family/
Burnaby Neighbourhood House	https://burnabynh.ca/get-involved-family/	Online and in person, family drop-in programs, family support services, community kitchen programs, and more ...	Visit website for online calendar with details	Ongoing	To register please visit website

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Burnaby Public Library		Outdoor Family Storytime	Share songs, rhymes, and stories for children of all ages.	June 14, 21, 28 and July 5 10:30am – 11:00am Cameron Park (behind Recreation Complex)	No registration required.
				June 29, and July 6, 13, 20, 27 1:30 – 2:00pm Edmonds Park (behind Edmonds Recreation Complex)	
				July 9, 16, 23, 30 11:00 – 11:30am McGill Branch, front lawn	
Burnaby Public Library		Summer Reading Club		Ongoing	Registration is ongoing at: bpl.bc.ca/summer-reading-club
Cameray Child and Family Services	https://www.cameray.ca/parent-support-program/	Interactive groups for young children (i.e. Circle Time, Family Literacy Circle, etc.), Parent support groups, Circle of Security Parenting program, Parenting Workshop for Newcomers to Canada, and one-one counselling.	For Burnaby and New Westminster residents with one or more children under the age of 5 years old. Online family groups, activities for children and families, and supports for parents.	Visit website for details in the calendar	Email: pspgroupsignup@cameray.ca

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Family Service of Greater Vancouver	www.fsgv.ca/programs/early-childhood-community-consultant/	Early Childhood Community Consultant	Ask questions and get support with free one-on-one consultations about your child's development, behavior, parenting tips, tricks and education, either virtually, a visit in the community or in the comfort of your own home.	Ongoing	For more information or to see availability contact Anita at: call/text: 604.723.9548 or email aolson@fsgv.ca
Information Children	www.informationchildren.com	Online and in-person Parent Workshops and Events including Circle of Security Parenting, Parenting Toddlers and Preschoolers, New Parents Groups, Online Storytime, and one-to-one parent-coaching. Parenting Helpline and E-support	Information, support and referrals to parents and caregivers with children 12 years and under.	Visit website for online calendar with details	Helpline: 778.782.3548 Email: info@informationchildren.com To book parent coaching: https://calendly.com/informationchildrenparentcoaching
Metis Nation BC	https://www.mnbc.ca/families/	Metis Family Connections	For Metis families with children birth to 8 years. Families build a network of support that provides children with opportunities for early learning and childhood.	Ongoing	Visit website for details: https://www.mnbc.ca/mfc/
Metis Nation BC	https://www.mnbc.ca/families/	Miyoopimatishihk (Wellbeing) Program	For families with Metis children birth to 8 years old. Metis families can apply for and access services funded directly by MNBC.	Ongoing	Visit website for details: https://www.mnbc.ca/wellbeing/
Metis Nation BC	https://www.mnbc.ca/families/	Imagination Library	A literacy program for Metis children birth to 4 years. Metis children that are registered in the program received free, age appropriate books each month.	Ongoing	Visit website for details: https://www.mnbc.ca/imagination-library/

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Metis Nation BC	https://www.mnbc.ca/families/	Metis Family Connections	For Metis families with children birth to 8 years. Families build a network of support that provides children with opportunities for early learning and childhood.	Ongoing	Visit website for details: https://www.mnbc.ca/mfc/
Metis Nation BC	https://www.mnbc.ca/families/	Miyoopimatishihk (Wellbeing) Program	For families with Metis children birth to 8 years old. Metis families can apply for and access services funded directly by MNBC.	Ongoing	Visit website for details: https://www.mnbc.ca/wellbeing/
Metis Nation BC	https://www.mnbc.ca/families/	Imagination Library	A literacy program for Metis children birth to 4 years. Metis children that are registered in the program received free, age appropriate books each month.	Ongoing	Visit website for details: https://www.mnbc.ca/imagination-library/
MOSAIC's Family Centre	www.mosaicbc.org/services/family-children-youth/family-centre/	Newcomer's Group, Parent Participated Early Learning, Preschool Orientation, and One-on-One support	For Government Assisted Refugee families with young children aged 0-6, new to Canada, less than five years: information and programs on parenting, childhood development, as well as programs for families and outreach to help families navigate and locate other supports and resources. Online and in-person.	Ongoing	To register please email: family_centre_reception@mosaicbc.org or call 604. 636. 0120

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Pacific Immigrant Resources Society	https://pirs.bc.ca/programs-services/childrens-programs/	Home Visiting Program (English, Arabic, French)	Online parent support program for newcomer immigrant and refugee parents/caregivers, providing information and support on parenting in a Canadian context, including access to relevant resources and services. There is also a play-based early education for children birth to 6 years old.	Ongoing	To set up an appointment, or for more information call: 604.298.5888 or email: info@pirs.bc.ca
Pacific Immigrant Resources Society	https://pirs.bc.ca/programs-services/childrens-programs/	Kids Have Stress Too, Nobody's Perfect (English and Arabic), Nobody's Perfect (Mandarin & Cantonese), and Parent-Child Mothergoose	Programs for immigrant and refugee families	See website for details	See website for details
The Purpose Society	www.facebook.com/purposesociety6thSt/	Early Childhood Programs	Resources, news bulletins and more...	Ongoing	Visit FB page: www.facebook.com/purposesociety6thSt/
Spirit of the Children	www.sotcs.ca/children/	Soaring Eagles Play Time, Hlúú Drop-In's, Aboriginal Infant Development, Aboriginal Supported Development, Obin Ni'i (Gitksan for "I am pregnant") Prenatal Program, Infant Massage, FASD Parenting Support Group, and Jordan's Principle Service Coordinator	Programs and supports (in person and online) for Indigenous parents, grandparents, and caregivers.	See website for details	To register please visit website

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STLEO Youth and Family Services Society	https://www.stleo.ca/our-services/young-parents/	SMILE Young Parents Program	24 and under programs for Burnaby and New West residents. Prenatal Workshop - 3 rd Wednesday monthly-online and in person	ongoing	Registration/Intake required for all programming For further information call Carla or Daniela at 604-298-6246 or email: smile@stleo.ca
S.U.C.C.E.S.S.	N/A	Parenting Club (Korean)	Online, parents share, discuss and have workshops on topics like: child safety, child development, discipline, etc.	Every 2nd & 4th Thursday 10:30am -12:00pm	Contact Vivienne Lee at: vivienne.lee@success.bc.ca
S.U.C.C.E.S.S.	N/A	Parenting Club (Mandarin)	Online, parents share, discuss and have workshops on topics like: child safety, child development, discipline, etc.	Every 1st & 3 rd Thursday 10:30am -12:00pm	Call Teresa Hsieh at: 604-318-2731 or E-mail: teresa.hsieh@success.bc.ca

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S.U.C.C.E.S.S.	N/A	Nobody's Perfect (Korean)	Online: To help parents recognize, understand, and deal with their parenting concerns such as health, safety, child development, and behaviors.	6 sessions on Friday July 8 – August 12 2022 10:00 -11: 30	Vivienne, email: vivienne.lee@success.bc.ca
S.U.C.C.E.S.S.	N/A	Outdoor Mother Goose Program (Mandarin)	In-person Songs, Rhymes and Storytelling in Mandarin For children birth to 4 years old.	9 sessions on Tuesday, July 12 – Sep.6 10:30-11:30am	Call Teresa Hsieh at: 604.318.2731 or email: teresa.hsieh@success.bc.ca
S.U.C.C.E.S.S.	N/A	Parenting Chat Room One-on-One Consultation (Korean & Mandarin)	Ask questions virtually regarding child's development, behavior, and parenting tips.	Ongoing	Mandarin: Teresa Hsieh at: 604.318.2731 or email: teresa.hsieh@success.bc.ca Korean: Vivienne Lee at: vivienne.lee@success.bc.ca
YMCA Child Care Resource & Referral	N/A	Virtual Storytime on Demand	www.facebook.com/YMCACC RR/	on demand	No registration required



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YMCA Child Care Resource & Referral and Cameray Child and Family Services Society		Summer Drop-In, Maywood Park	There will be planned activities, stories, and light refreshments.		No registration required. Drop in, at Maywood Park: 6480 McKay Avenue. There is a playground next to the drop in, and a small covered area.
East Burnaby Family Place	https://www.facebook.com/eastburnabyfamilyplace/	Family Drop-In	Drop in for families with children birth to 6 years old, at 9887 Cameron Street, Burnaby	Tuesdays and Fridays, 10:00am – 1:00pm	No registration required. Drop in at 9887 Cameron Street, Burnaby. Programs are run out of St. Stephen's Church. No affiliation.
East Burnaby Family Place	https://www.facebook.com/eastburnabyfamilyplace/	Clothing Exchange	Free clothing to take and to donate.	Tuesdays and Fridays, 10:00am – 1:00pm	No registration required. Drop in at 9887 Cameron Street, Burnaby

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FREE BURNABY CHILD AND FAMILY RESOURCES AND INFORMATION SESSIONS

BC SUPPORTED CHILD DEVELOPMENT

The BC Centre for Ability is committed to inclusive childcare that supports families and enhances all children's experiences. If your child has extra support needs, or if you're wondering if they may need extra support visit www.bc-cfa.org/programs-services/supported-child-development/ where you can find more information and access the online referral.

FAMILY SERVICES OF GREATER VANCOUVER

The Early Childhood Community Consultant (ECCC) also offers:

- ◇ **free one-on-one consultation** about your child's development, behavior, parenting tips, tricks, and education – to set up a phone or virtual appointment please email or call Anita at aolson@fsgv.ca 604-723-9548
- ◇ **ECCC Resource Newsletter** – to receive short daily newsletters with children's activities, self-care ideas, parenting information (and more), please email aolson@fsgv.ca with the heading "ADD ME TO NEWSLETTER"

YMCA

For various types of information and support for families searching for childcare visit: <https://www.gv.ymca.ca/ccrr>.

- ◇ Early Learning Resource Library (parents in Burnaby/New Westminister/Tri-Cities borrow early learning resources free of charge) available by curbside appointment. An online catalogue is at [Early Years Resource Library Catalogue](#). To book an appointment email ccrr@gv.ymca.ca

BURNABY PUBLIC LIBRARY

Burnaby Public Library branches are open for choosing books, and for limited use of public computers. Find out more at www.bpl.bc.ca/news/bpl-services-during-covid-19

Services for Children and Families

- ◇ **Parents:** children's librarians can help you find books and more for different ages and on different topics. We can also help you find resources for children and families in Burnaby.
- ◇ **Group leaders:** a children's librarian can coordinate virtual visits for your class or group. We can provide resources, booklists, and make specific recommendations based on your classroom or group. We can talk about books, reading, and encourage literacy. We customize the visit to fit your needs.

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Contact the library at eref@bpl.bc.ca or 604-436-5400 and ask to be directed to a *Children's Librarian* to discuss options.

FREE BURNABY CHILD AND FAMILY RESOURCES AND INFORMATION SESSIONS

Programs for Children and Families

Burnaby Public Library staff are working hard to present joint programs with partners in the community (i.e. a recent workshop with Burnaby Neighbourhood House).

Check back regularly for more programs to support parents.

Storytimes for children at Burnaby Public Libraries are suspended currently but will be restarting gradually in late spring 2021. Please check the website regularly for updates www.bpl.bc.ca/activities-events

KIDS IN BURNABY WEBSITE AND SOCIAL MEDIA

Visit www.kidsinburnaby.ca your 'one-stop shop hub' for early childhood (birth to 6 years old) development resources and information. There is also an online google map of the majority of Burnaby-based agencies offering services and supports.

Like us on Facebook: <https://www.facebook.com/BurnabyECDCommunityTable/>

Follow us on Instagram: #littlethingsmatter

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